Volume 21
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Thorough

Message from the Chair

To be awarded a Kitchener Scholarship is a tremendous achievement and provides much-needed financial support; but the <u>real</u> value comes, I think, from meeting other Scholars. We are a fascinating and diverse bunch with much to learn from each other. In this era of portfolio careers and the gig economy, it's vital we knowledge share, network and celebrate together. To that end, we headed to Birmingham on 16 October for the inaugural KSA Careers Panel. To see Scholars' of all vintages sharing ideas for career progression was truly inspiring. Do read the Charles Bryant's moderator report on the event below.



It's been an active year for the Kitchener Scholars' Association in other ways too:

- We welcomed another stellar cohort of Scholars to the KSA at the annual dinner.
- David Hamilton has accepted the role of Secretary of the Association, giving us a sound administrative basis from which to grow and expand;
- Over 70 Scholars and guests gathered at the Kitchener statue in Horse Guards Parade on November 11th to mark the 100th anniversary of the Armistice. And, for the first time, the Roll of Honour, listing 105 Kitchener Scholars who lost their lives in World War II, was read out by current scholars. It was palpably moving.

The year ahead promises all sorts of exciting events: plans are afoot for an informal networking event in central London early in 2019, the Careers Panel will return and our annual dinner moves to the stunning surroundings of the Painters' Hall. Read on for more details and do come along to meet our incredible scholars and claim some KSA 'value' for yourself. I look forward to seeing you at some or all of these events. Look out for details on the website, social media and our regular emails.

Susan Saunders

KSA Annual Dinner - 15 March 2019

Please save the date for the next Kitchener Scholars' Association annual dinner: **Friday March 15th 2019.**

Sadly we are unable to use the Royal College of Defence Studies for our annual dinner next year as they are having some refurbishment work done. Do not worry as we have managed to secure a fabulous venue: The Painters' Hall, 9 Little Trinity Lane, London EC4V 2AD (right by Mansion House tube station in the City of London).

This stunning livery hall, home to the Worshipful Company of Painter-Stainers, a Company whose roots can be traced back to the thirteenth century is - as you might imagine - packed with beautiful art works. We will have the whole hall to ourselves for the evening and it promises to be a spectacular event.

More details - including costs and timings - will be sent out soon. But please save the date for yourself and a guest(s) to join us. And if you're a current scholar, this is when you'll be presented with your Kitchener Scholarship certificate, so please do bring your parents, partner and friends!

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Remembrance Sunday 2017 and 2018



This year we report on two annual Remembrance Day events; the first on Sunday 12 November 2017 and the second on 11 November 2018. The 2018 event was of course held in the centenary year of the Armistice and the end of the First World War and so a very special occasion. It included a very moving special centennial march past which scholars were able to observe on Horse Guards Road. Both events were well attended with almost 50 persons present in 2017 and a very creditable attendance of 72 scholars and guests in 2018.

The event itself takes place by the statue of Lord Kitchener, enabling a viewing of the guns firing to mark the start of the two minutes silence. The KSA's President – The Lady Emma Kitchener LVO – laid a wreath at the foot of the monument. On both occasions, she and her husband – The Lord Fellowes of West Stafford – then generously hosted a very convivial curry lunch in The Great Tandoori restaurant on Lower Sloane Street.





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Annual Dinner

The KSA held its 86th Annual Dinner on the evening of Friday 16 March 2018 at The Royal College of Defence Studies (RCDS) in Belgravia. It was great to see more than 75% of the 2017 scholars turning out for this impressive occasion representing a very wide range of subjects and universities attended. Although attendance was slightly down this year, many other KSA members and family were also present to make for a warm and intimate occasion.

Lady Emma presented certificates to the new scholars and welcomed everybody in her warm conversational style, inviting all to attend KSA events both formal and informal. She touched on the splendour of Seaford House within the history of Belgravia and elicited a few well-chosen supportive remarks from Lord Fellowes. At the dinner KSA Chair Susan Saunders added her own welcome and thanks; she stressed the role of the Association in bringing together people of different backgrounds and interests: bridging the 'islands' we tend to inhabit in modern life. The Association continues to develop its various activities which will be expanded in the years ahead. The 2018 Lindsay Philips book prize was awarded to Joseph Hopwood.





We were privileged to have Andrew Murrison MP as guest speaker. Aside from a distinguished career in medicine as Surgeon Commander RN and a strong family connection with the Kitchener Scholars, Andrew is now an MP and most recently Chair of the Northern Ireland Select Committee. He has also served as the Prime Minister's Head of First World War commemorations. In a poignant address given the centenary of the end of the First World War, Andrew spoke on the importance of both remembrance and recollection, the need for more education, and consideration of what these events mean today. The tragedy of the sinking of HMS Hampshire and the death of Lord Kitchener illustrates that WW1 was not just only about the trenches of the Western Front and he added that the Lord Kitchener National Memorial Fund is part of the rich tapestry of remembrance; bringing us right up-to-date with the thought that we should not be any less European as we leave the EU.

As the toasts rounded out the dinner guests continued to mix and chat as well as pose on the grand staircase of Seagrove House. All KSA members are encouraged to come to this regular event, usually in March.

Tapas evening

On a snowy 27th February our now 'traditional' Tapas evening was organised by Tracey Campbell, Vice-Chair, at the Goya Restaurant in Pimlico, London. This offered an informal opportunity to network with fellow Kitchener Scholars and attracted more than 20 members for an evening of drinks and a generous supply of the popular Tapas fare. There was a graduated charge which guaranteed that recent scholars came for free. Many lively conversations were had and useful contacts made.

It is planned to repeat a similar event in 2019- details to follow.

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St Paul's Cathedral Service



The annual memorial service celebrating the life and commemorating the untimely death of the first Lord Kitchener in Orkney took place on Sunday 4 June 2017 during Evensong at St Paul's Cathedral. The Scholars sat together with their guests in a priority area reserved for them next to the Kitchener family under the splendid dome. Since 2011 our service has been incorporated into a general Evensong service at the cathedral and takes place on the closest Sunday each year to the anniversary of HMS Hampshire being lost to a German mine on 5th June 1916. After the service the group gathered in the All Souls Chapel in the north tower, which was dedicated to Lord Kitchener in 1925. The ability to enter the chapel and see the effigy of Lord Kitchener, the sculptures of St Michael and St George and many other important artefacts is a moving experience.

The dedication in the chapel was made by the Chancellor of St Paul's Cathedral, the Reverend Canon Mark Oakley. The KSA President laid a wreath on the recumbent marble effigy of her forebear located there, before Lord Fellowes of West Stafford delivered a gospel reading. A book of remembrance was displayed on the altar in the chapel, containing the names of all those Scholars lost during the Second World War. Attendees then enjoyed a sit-down tea served in the Crypt Café, which made for a very enjoyable informal moment among friends and new acquaintances





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My summer in Nepal by Grace Girling

This summer I volunteered with Edinburgh Global Partnerships, a student-run charity at the University of Edinburgh that funds community-led projects every year in countries in Asia, South America and Africa.

From the 1st of June to the 31st July, I was in Nepal with eight other students helping with the re-construction of the Shree Bageswori Primary School in a small village in the Dhading district. The school was destroyed in the earthquake that devastated the country in 2015. Three buildings were re-built using funds contributed by the Nepalese government whilst we raised £10,000 throughout to re-construct the other building. We assisted local

builders with the building, as most of us had never been involved in a construction project it was interesting to learn from them. We started by building the walls and then the window and doorframes were put in place before the rest of the bricks were laid.

We were able to visit other areas of Nepal whilst the cement dried and then we returned to plaster the walls and before finishing by painting the school to make it look more welcoming. Due to the weather conditions and the location of the village it sometimes took longer than

expected to finish some jobs as the delivery of materials was delayed. For this reason the windows and doors were not added until after we returned home.







When we arrived there was a welcoming ceremony from the villagers where we were kindly presented with flowers and we introduced ourselves and spoke about where we came from. We

were also taken to the local temple to meet other villagers, and although we did not speak the same language we managed to communicate with them fairly well. We were even invited to try on Saris by one of the local woman and join in with some traditional dancing. At times it was challenging for our team as we were not used to the conditions, however, the family who hosted us were very kind and helpful and let us get involved in some activities such as helping to prepare the vegetables for dinner. The local school children were also very welcoming and were excited to have us there, and we occasionally joined in teaching in their class and played games with them which was a great experience. I especially enjoyed the Nepalese traditional dish of Dal-Bhat, which

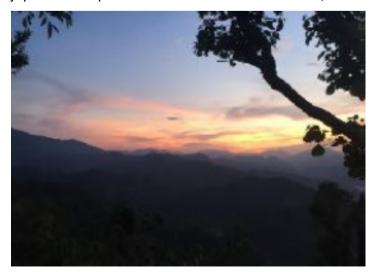
consisted of rice, lentils and a variety of vegetables and spices.

Overall the whole trip was amazing and being immersed in such a different culture was eye

opening.



Grace Girling is a 2017
Kitchener Scholar reading
Business with Strategic
Economics at the
University of Edinburgh



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Careers event in Birmingham

A brand new KSA event was held on Tuesday 16 October 2018, at the Pure Craft Bar & Kitchen in Birmingham: a careers discussion panel open to current undergraduate Scholars, recent graduates, and any other Scholar interested in re-evaluating their career path.

The KSA committee has been planning for some time to try more events outside London and to move beyond our well-attended ceremonial and social events to deliver other experiences of value to Kitchener Scholars. The Careers Panel gave an opportunity for dialogue with members of our community in various walks of life and from different generations to share insights and concerns on building a successful career journey in an informal networking environment.

The panellists volunteering for this first panel were:

Susan Saunders: freelance factual television producer, and author **Charles Bryant**: financial and e-commerce industry professional (Moderator)

Carol Fedida: entrepreneur

Ruairidh Cumming: quantitative model developer and purchasing

analyst

Matthew Fincher: serving RAF officer with an aerospace engineering

background



Some of the topics covered included:

- The role of networking, and formal things like CVs and interviews
- How to re-invent yourself every so often....changing direction and 'creating your own luck'
- How to manage a career even in corporate or professional positions from a 'portfolio' point of view
- Freelancing vs salaried vs consulting what works best, and when?
- Avoiding sliding into 'non-graduate' roles, other than in temporary situations
- · Mentoring and sources of advice
- Dealing with the inevitable challenges along the road
- Life-balance: fulfilment, purpose, happiness, money, family, location etc.

On this first occasion the event delivered its promise in the eyes of participants although the turn-out was a little disappointing. But the formula works and future events are planned. The next edition is likely to be in London.

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Annual General Meeting

The Annual General Meeting of the Kitchener Scholars' Association took place on 18th September 2018 in the Alderman's Court Room at the Guildhall in the City of London. This venue is available to the KSA under a right conferred by the Corporation of the City of London reflecting the esteem with which Lord Kitchener is held. In addition to the AGM, which is open to all members, the KSA Committee now also uses the Court Room for its meetings.

During the Chair's report Susan Saunders referred to the measures being taken to strengthen the Association's organisation and administration. She referred to the revival of the paid position of Secretary in the very able form of Lt Col David Hamilton MBE. She reported that everything is running smoothly and a firm footing for the Association has been laid. An update of the Association's rules is being contemplated. The choppy waters of GDPR have been navigated and the Association has emerged with the membership more or less intact.

The Chair summarised the various events in the KSA calendar over the past year, adding her pleasure at seeing a great mixture of formality and informal networking every time. These events are reported in this newsletter as are the Susan's intentions for future activities in her Message from the Chair.

The meeting completed its formal business in the area of finances and the election of the officers listed below. After the meeting a dozen or so attendees repaired to a local hostelry for a 'pie and a pint'.

Congratulations to the 2018 Kitchener scholars!

First Name	Last Name	Reading	University			
Daniel	Baines	Ballet and Contemporary Dance	Rambert School of Ballet			
Emily	Balls	Medicine	Cardiff, and Barts London			
Olivia	Banks	Psychology	Reading			
Isabel	Boden	Medicine	Edinburgh			
Jamie	Corden	Mathematical Economics/Statistics	Birmingham			
Helena	Dixon	American Studies and History	Nottingham			
Samuel	Everard	History	Exeter			
Kate	Fawcett	PPE	Exeter			
Emma	Gray	International Relations	St Andrews			
Douglas	Hendry	Geography	Glasgow			
Saffron	Howdle	History and Politics	Sheffield			
Elizabeth	Jarvill	History of Art	East Anglia			
Henry	Lee	Sport and Exercise Science	Bath			
Patrick	Lee	Sport and Exercise Science	Birmingham			
Alice	Lovegrove	Advanced Spanish and ab initio Italian	Birmingham			
Katerina	Mackaness	Classics	Bristol			
Angus	Morton	Engineering Geology and Geotechnics	Portsmouth			
Katelyn	Taylor	Spanish and Linguistics	York			
Emily	Tucker	History	Exeter			
Harry	Webb	Commercial Management/Quantity Surveying	Loughborough			
Amelia	Wood	History	Leeds			

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Report from the Lord Kitchener National Memorial Fund (LKNMF)

This has been a very busy period for the LKNMF. Joint working with the KSA on creating an up-to-date access database and the requirements of the new GDPR regulation have been key priorities for the Secretariat of both entities.

This has been on top of the normal work of recruiting applicants, interviewing and selecting new scholars and the ever more difficult task of raising the finance to meet the aim of awarding up to 25 scholarships per year. This year we awarded 22 scholarships at £1000 each.

A list of the complete Council of the Fund are listed on the website www.lknmf.com. A photograph of the recent meeting of the Council which was held at the Guildhall London, is shown below. The Council is chaired by the President, Lady Emma Kitchener. It is from the members of the Council that the scholarship interview panels are normally selected.

Lieutenant Colonel David Hamilton has recently handed over as Secretary of the LKNMF to Lieutenant Colonel Mervyn Bassett. He will remain as the Secretary of the KSA (see the separate article in this newsletter).



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David Hamilton: Secretary of the Kitchener Scholars' Association

KSA is very pleased to welcome Lieutenant Colonel (Retired) David N Hamilton MBE FInstRE as Secretary of the KSA replacing Michael Rennie. Michael's service to the association is appreciated. It is interesting to note that



David hails from the Royal Engineers, into which Lord Kitchener was commissioned in 1871.

The following is a profile of David Hamilton, who joined the Army as an apprentice soldier in 1962 and spent all of his first career in military service.

On retirement from the Army David was appointed as Corps Secretary of the Royal Engineers and CEO of the Institution of Royal Engineers. During this latter period he also sat on various Engineering Council working groups responsible for shaping the future of engineering registration in the UK.

In 2006 he was appointed as a Governor of Mid Kent College and was a Director of Mid Kent Training Services which provided Engineering Training for the Royal School of Military Engineering. He retired from these appointments in 2011.

In 2006 he was diagnosed with Throat Cancer and underwent a significant successful treatment regime. Since then he devotes much of his spare time assisting with cancer-related causes. He was a member of the National Quality Surveillance Team, inspecting Hospitals on their Cancer Care, was a member of the NCRI Head and Neck Clinical Studies Group, a Member of the Consumer Liaison Group and also sat on various national and regional committees. He is a lead volunteer and Macmillan Cancer Voice.

In June 2011, after nearly 50 years' service as a soldier, officer and civil servant with the Royal Engineers David retired from full time employment and took up the appointment as the Secretary of the Lord Kitchener National Memorial Fund. This charitable fund provides university scholarships to the children of those who serve or served in the armed services. The fund also provides scholarships for those making the transition from service to civilian life via university.

In 2017 he was diagnosed with Parkinson's which has resulted in him recently retiring as Secretary of the Lord Kitchener National Memorial Fund and now concentrating as Secretary of the Kitchener Scholars' Association in helping to develop the KSA into a more active Alumni network.

He is still very busy but never been happier.

What's in a name

Overhead at the entrance to Horse Guards Parade 'Yes the Kitchenettes are meeting over by the statue of Lord Kitchener'. This prompted a remark by a current scholar who applied for bar work. The applicant expressed surprise at being placed in the kitchen to which the reply was 'Well we noticed from your CV that you have a Kitchener Scholarship.' (ba dum.....)

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Emma's word game

Here is a bit of fun. Try to find as many words, relating to Lord Kitchener, as you possibly can.

Answers in the next newsletter.

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With many thanks to Lady Emma Kitchener



Planting the Kitchener Grove at Langley Wood

On November 29th, a small group of Kitchener Scholars joined Lady Emma Kitchener and Lord Fellowes (pictured) at the Kitchener Grove, in Langley Wood, Surrey. The Grove is part of the Woodland Trust's wonderful First World War Centenary Woods project. In total, 200,000 saplings will be planted at Langley in the coming years, with similar commemorative projects underway in Wales, Scotland and Northern Ireland.

Despite an atrocious forecast, the rain held off, but the wind was blowing a gale. As Emma pointed out, this was just the tiniest fraction of what soldiers in the trenches would have endured. We walked up to the highest point of the wood, with views across the Downs to Epsom race course and beyond. The area has a special connection to the first Lord Kitchener. It was on Epsom Downs, early in 1916, that he

inspected almost 20,000 troops: sending them off to the Western Front with a rousing speech, urging them to behave with the 'true character of a British soldier'.

After a quick, but much needed, lesson in tree planting we dug in. Each tiny sapling was carefully planted by hand, then tucked into a protective tube and firmly staked. It was surprisingly hard work, but wonderfully uplifting to be out in the fresh air and open countryside knowing that the trees we were planting will still be standing in 100, 200, 300 years' time: a wonderful tribute to the men who fought for our freedom.

The Kitchener Grove is an acre in size, and will be home to 750 trees when planting is completed. The mixture of native trees, including cherry, lime and oak, will start to mature in around 15 years' time. In the centre of them all we dug an extra large hole (hard work given the chalky soil of the Downs!) for one very special tree. Emma and Julian planted a 10-year-old oak sapling, to represent the first Lord Kitchener. We put a 2016 pound coin, minted 100 years since Lord K's death, in its roots, then packed the soil back around it and staked it carefully. The young oak is a beautiful tree and Lady Emma and Lord Fellowes were visibly moved. They plan to build a circular bench around it, engraved with the Kitchener motto, *Thorough*. In the years to come, it will be a beautiful, contemplative spot from which to look out across the Grove and the Downs and to reflect on the sacrifice made by Kitchener and his men.

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KSA on Social Media







How can you help the LKNMF with its Scholarship work and appeal?

- **1.** Make a "one-off" donation. Should you be in a position to do so, you might consider repaying the value of your scholarship, ideally adjusted for inflation. If you qualify, please ask the Fund Secretary David Hamilton for a gift aid form and standing order mandate secretary@lknmf.com
- **2.** Make a regular monthly or annual standing order. The completed standing order mandate with the gift aid form should be returned to the Secretary.
- **3. Sponsor a Scholarship.** University Scholarships currently offer £1000 to each successful candidate.
- **4. Leave a legacy.** There are generous tax advantages associated with legacies. If you wish to discuss these further with one of our Trustees, who is a lawyer, then please contact the Fund Secretary.
- **5. Payments.** Cheques should be made payable to the "Lord Kitchener National Memorial Fund Appeal" and returned to the Fund Secretary. Payments can also be made by BACs to the "Lord Kitchener National Memorial Fund Appeal". Please include your name in the reference.

sort code 54-21-41, account number: 29122457

Your KSA Committee

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Joint Vice-Chairs Tracey Campbell and Jim Watson

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Website Officer Sara Thornton <u>sara@webholism.com</u>

Social Media Officer Ruairidh Cumming
Committee member Jim Rothwell
Committee member Holly Collins

Merchandise

Why not show your support for the KSA with a hoodie, tie or cufflinks? Full details of sizes, prices and how to order our wonderful range of merchandise can be found on the KSA website

www.kitchenerscholars.org



Seasonal greeting to all and best wishes

for a Merry Christmas and successful New Year

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